## I claim:

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1	1. A method for creating a multimedia presentation, which presentation
2	comprises an audio or video recording of a session wherein a presenter presents an
3	audiovisual presentation, said method comprising:

- (i) said presenter presenting said audiovisual presentation,
- 5 (ii) making an audio or video recording of said presentation,
- (iii) wherein timing data comprising data for start, end and transition events within
  said audiovisual presentation are automatically, and without manual processing, incorporated
  into said audio or video recording, so as to allow said events to be used on playback to
  coordinate the audio or video portion of said multimedia presentation with the audiovisual
- 10 portion thereof.